

# Companion Planting

In the following listing, companions refer to those vegetables that, when planted together, are mutually beneficial. Allies are the herbs and flowers that provide protection or improve the growth of certain vegetables. Enemies are other vegetables, herbs and flowers that can cause detrimental effects when planted near certain vegetables.

This listing explains in detail the exact effects of the allies and enemies, and names the companions.

## ASPARAGUS

**Companions:** Basil, parsley, tomato.

**Ally:** Pot marigold deters beetles.

## BEANS

**Companions:** Beet (to bush beans only), cabbage family, carrot, celery, chard, corn, cucumber, eggplant, pea, potatoes, radish, strawberry.

**Allies:** Marigold deters Mexican bean beetles. Nasturtium and rosemary deter bean beetles. Summer savory deters bean beetles, improves growth and flavor.

**Enemies:** Garlic, onion and shallot stunt the growth of beans.

## BEETS

**Companions:** Bush beans, cabbage family, lettuce, onion

**Enemies:** Pole beans and beets stunt each other's growth.

**Ally:** Garlic improves growth and flavor.

## CABBAGE FAMILY

(Broccoli, Brussels sprouts, cabbage, cauliflower, Chinese cabbage, kale and kohlrabi)

**Companions:** Beet, celery, chard, cucumber, lettuce, onion, potato, spinach.

Nasturtium deters bugs, beetles, aphids. Southernwood deters cabbage moth, improves growth and flavor. Tansy deters cabbageworm and cutworm. Thyme deters cabbageworm.

**Allies:** Chamomile and garlic improve growth and flavor. Catnip, hyssop, rosemary and sage deter cabbage moth. Dill improves growth and health. Mint deters cabbage moth and ants, improves health and flavor.

**Enemies:** Kohlrabi and tomato stunt each other's growth.

## CARROTS

**Companions:** Bean, lettuce, onion, pea, pepper,

**Allies:** Chives improve growth and flavor.

radish, tomato

Rosemary and sage deter carrot fly.

**Enemy:** Dill retards growth.

## CELERY

**Companions:** Bean, cabbage family and tomato

**Allies:** Chives and garlic deter aphids.  
Nasturtium deters bugs and aphids.

## CHARD

**Companions:** Bean, cabbage family and onion

## CORN

**Companions:** Bean, cucumber, melon, parsley, pea, potato, pumpkin, squash

**Allies:** Odorless marigold and white geranium deter Japanese beetles.

**Enemies:** Tomatoes and corn are attacked by the same worm.

Pigweed raises nutrients from the subsoil to where the corn can reach them.

## CUCUMBER

**Companions:** Bean, cabbage family, corn, pea, radish, tomato

**Allies:** Marigold deters beetles.  
Nasturtium deters aphids, beetles and bugs, improves growth and flavor.  
Oregano deters pests in general.  
Tansy deters ants, beetles, bugs, flying insects.

**Enemy:** Sage is generally injurious to cucumber.

## EGGPLANT

**Companions:** Bean, pepper

**Allies:** Marigold deters nematodes.

## LETTUCE

**Companions:** Beet, cabbage family, carrot, onion, radish, strawberry

**Allies:** Chives and garlic deter aphids.

## MELONS

**Companions:** Corn, pumpkin, radish, squash

**Allies:** Marigold deters beetles.  
Nasturtium deters bugs and beetles.  
Oregano provides general pest protection

## ONIONS

**Companions:** Beet, cabbage family, carrot, chard, lettuce, pepper, strawberry, tomato

**Enemies:** Onions stunt bean, pea.

**Allies:** Chamomile and summer savory improve growth and flavor.  
Pigweed raises nutrients from subsoil and makes them available to the onions.  
Sow thistle improves growth and health.

## PARSLEY

**Companions:** Asparagus, corn, tomato

## PEAS

**Companions:** Bean, carrot, corn, cucumber, radish, turnip

**Allies:** Chives deter aphids.  
Mint improves health and flavor.

**Enemies:** Garlic and onion stunt the growth of peas.

## PEPPERS

**Companions:** Carrot, eggplant, onion and tomato

## POTATOES

**Companions:** Beans, cabbage family, corn, eggplant, pea

**Enemies:** Tomatoes and potatoes are attacked by the same blight.

**Allies:** Horseradish, planted at the corners of the potato patch, provides general protection.  
Marigold deters beetles.

## PUMPKINS

**Companions:** Corn, melon, squash

**Allies:** Marigold deters beetles.  
Nasturtium deters bugs, beetles.  
Oregano provides general pest protection.

## RADISHES

**Companions:** Bean, carrot, cucumber, lettuce, melon, pea

**Allies:** Chervil and nasturtium improve growth and flavor.

**Enemy:** Hyssop

## SPINACH

**Companions:** Cabbage family, strawberry

## SQUASH

**Companions:** Corn, melon, pumpkin

**Allies:** Borage deters worms, improves growth and flavor.

Marigold deters beetles.  
Nasturtium deters squash bugs and beetles.  
Oregano provides general pest protection.

## STRAWBERRY

**Companions:** Bean, lettuce, onion, spinach, thyme

**Enemy:** Cabbage

**Allies:** Borage strengthens resistance to insects and disease.

Thyme, as a border, deters worms.

## TOMATOES

**Companions:** Asparagus, carrot, celery, cucumber, onion, parsley, pepper

**Enemies:** Corn and tomato are attacked by the same worm.

Mature dill retards tomato growth.

Kohlrabi stunts tomato growth.

Potatoes and tomatoes are attacked by the same blight.

**Allies:** Basil repels flies and mosquitoes, improves growth and flavor.

Bee balm, chives and mint improve health and flavor.

Borage deters tomato worm, improves growth and flavor.

Dill, until mature, improves growth and health.

Once mature, it stunts tomato growth.

Marigold deters nematodes.

Pot marigold deters tomato worm and general garden pests,

## TURNIPS

**Companion:** Pea